

LANGUAGE

SKILLS

GRAMMAR PRONUNCIATION VOCABULARY

1 What matters

- 1A Formula for happiness p4
- 1B Family values p6
- 1C The right decision p8
- 1D What would you save? p10

- the present: simple, continuous and perfect aspects
- adding emphasis (1): cleft sentences
- /s/ and /z/
- intonation in cleft sentences
- attitudes and emotions
- abstract nouns

READING

- an article about Gregory Porter's family values
- dealing with non-literal language
- past habits

 SPEAKING

- paraphrasing
- using fillers
- PERSONAL BEST**
- a discussion about our most important possessions

2 Live better

- 2A Health fact, health fiction p12
- 2B My quest for quiet time p14
- 2C Missing out? p16
- 2D Highly recommended p18

- modal verbs (1) and modal-like forms
- modal verbs (2): advanced forms
- linking modal-like forms with *to*
- stress patterns with modal verb forms
- health and medical treatment
- life skills and wellbeing
- verbs and nouns with the same form

 LISTENING

- a video looking at stress-relieving activities
- understanding attitude and opinion
- the disappearing /ə/ in fast speech

WRITING

- giving constructive criticism
- uses of *quite*
- PERSONAL BEST**
- a review of a course

1 and 2 REVIEW and PRACTICE

p20

3 Looking back

- 3A Sign of the times p22
- 3B A remarkable life p24
- 3C Delicious discoveries p26
- 3D The time of my life p28

- past time
- comparison
- weak forms of *had* and *been*
- /ə/ sound
- change and time
- expressions with *come* and *go*

READING

- an article about the life of Helen Keller
- understanding text structure and organization
- narrating the future from the past

 SPEAKING

- reminiscing
- repairing errors
- PERSONAL BEST**
- telling a story about something that happened to you

4 Success and failure

- 4A Brilliant failure p30
- 4B Make more mistakes! p32
- 4C Making it big p34
- 4D Progress report p36

- verb patterns (1): infinitives and *-ing* forms
- adding emphasis (2): inversion and *do/does/did*
- linking /w/ after *to*
- sentence stress: emphatic *do/does/did*
- success and failure
- expressions with *make* and *take*
- idioms

 LISTENING

- a video about making mistakes
- understanding reasons and outcomes
- linking consonants and vowels

WRITING

- writing a report
- formal linkers
- PERSONAL BEST**
- a report about your progress

3 and 4 REVIEW and PRACTICE

p38

5 Entertain us!

- 5A We know what you like p40
- 5B Simply a triumph p42
- 5C Standing out p44
- 5D Everything changes p46




- ellipsis and substitution
- noun phrases
- strong and weak forms of *to*
- word stress in compound nouns
- tastes and opinions
- verb suffixes

READING

- three film reviews
- understanding tone
- identifying the subject in long sentences

 SPEAKING

- speculating
- using repetition
- PERSONAL BEST**
- a discussion about changes in your city

		LANGUAGE			SKILLS	
		GRAMMAR	PRONUNCIATION	VOCABULARY		
6	A sense of community	<ul style="list-style-type: none"> the passive using linkers 	<ul style="list-style-type: none"> unstressed <i>have</i> intonation in contrast clauses 	<ul style="list-style-type: none"> neighbours and community word pairs 	 LISTENING <ul style="list-style-type: none"> a video about communal living listening for agreement between speakers sentence stress and rhythm 	WRITING <ul style="list-style-type: none"> writing a proposal softening recommendations <p>PERSONAL BEST</p> <ul style="list-style-type: none"> a proposal to improve an aspect of your neighbourhood
6A	It's all in the neighbourhood!	p48				
6B	Co-living	p50				
6C	Crowdfunding campaigns	p52				
6D	Our community centre	p54				
5 and 6	REVIEW and PRACTICE	p56				
7	Modern life	<ul style="list-style-type: none"> verb patterns (2): reporting future time 	<ul style="list-style-type: none"> consonant clusters unstressed words in future forms 	<ul style="list-style-type: none"> technology expressions with <i>world</i> and <i>place</i> 	 READING <ul style="list-style-type: none"> an article about e-books and print books understanding the writer's purpose the pronoun <i>it</i> 	 SPEAKING <ul style="list-style-type: none"> disagreeing tactfully reaching a decision <p>PERSONAL BEST</p> <ul style="list-style-type: none"> roleplaying a conversation with a flatmate
7A	The world is my office!	p58				
7B	E-books or print books?	p60				
7C	Decisions, decisions!	p62				
7D	Spend or save?	p64				
8	Inspire and innovate	<ul style="list-style-type: none"> relative clauses with quantifiers and prepositions mixed conditionals and alternatives to <i>if</i> 	<ul style="list-style-type: none"> sentence stress weak forms 	<ul style="list-style-type: none"> science and discovery: word families nouns from phrasal verbs 	 LISTENING <ul style="list-style-type: none"> a video about concentration identifying signposting language changing consonant sounds 	WRITING <ul style="list-style-type: none"> opinion and discussion essays cohesion <p>PERSONAL BEST</p> <ul style="list-style-type: none"> writing an opinion or discussion essay
8A	I've found it!	p66				
8B	In the zone	p68				
8C	What if ... ?	p70				
8D	Role models	p72				
7 and 8	REVIEW and PRACTICE	p74				
9	Connections	<ul style="list-style-type: none"> participle clauses past forms for unreal situations 	<ul style="list-style-type: none"> intonation in participle clauses sentence stress 	<ul style="list-style-type: none"> friendship and love commonly confused words 	 READING <ul style="list-style-type: none"> an article about the benefits of friendship locating specific information reflexive and reciprocal pronouns 	 SPEAKING <ul style="list-style-type: none"> stating preference supporting your opinions <p>PERSONAL BEST</p> <ul style="list-style-type: none"> roleplaying a conversation about a dilemma
9A	Unlikely friendships	p76				
9B	With a little help from my friends	p78				
9C	Getting together	p80				
9D	Dilemma	p82				
10	Being human	<ul style="list-style-type: none"> distancing language adverbs and adverbial phrases 	<ul style="list-style-type: none"> emphasizing uncertainty word stress 	<ul style="list-style-type: none"> humans and self verbs with <i>re-</i>, <i>over-</i>, <i>mis-</i> adverb collocations 	 LISTENING <ul style="list-style-type: none"> a video looking at human achievements understanding precise and imprecise numbers final /t/ and /d/ sounds 	WRITING <ul style="list-style-type: none"> summarizing data cautious language <p>PERSONAL BEST</p> <ul style="list-style-type: none"> a summary of data about leisure activities
10A	Humans vs animals	p84				
10B	Breaking boundaries	p86				
10C	Faith in humanity	p88				
10D	A growing trend	p90				
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