

SUPER SPORTS

1 Put the letters in order and number.



ket / ball / bas _____ ○
 a / g / yo _____ ○
 ll / ot / fo / ba _____ ○
 mm / ing / swi _____ ○

ing / nn / ru _____ ○
 ing / board / skate _____ ○
 nis / ble / ta / ten _____ ○
 ics / na / st / gym _____ ○

2 Look and complete. Then, draw and write for you.



1 I like _____.
 2 I don't like _____.
 3 _____



4 _____
 5 _____
 6 _____



🎵 Song, page 70

1 Match. Then, look and write.

sports with balls sports with *-ing* other sports

	go	play	do	
_____	_____	_____	_____	_____
				
_____	_____	_____	_____	_____
				

2 Look, choose and complete.



- | | |
|---|---|
| 1 I <u>play</u> / go table tennis on <u>Tuesday</u> . | 6 I _____ gymnastics on Monday / Wednesday. |
| 2 I _____ yoga on Wednesday / Thursday. | 7 I go / do running on _____. |
| 3 I do / go skateboarding on _____. | 8 I _____ football on Tuesday / Thursday. |
| 4 I _____ basketball on Tuesday / Wednesday. | 9 I do / play karate on _____. |
| 5 I play / go tennis on _____. | 10 I _____ swimming on Monday / Friday. |

1 Complete with *go*, *play* or *do*. Then, listen and choose. 

- 1 Do you _____ yoga? Yes, I do. / No, I don't.
- 2 Do you _____ table tennis? Yes, I do. / No, I don't.
- 3 Do you _____ gymnastics? Yes, I do. / No, I don't.
- 4 Do you _____ swimming? Yes, I do. / No, I don't.
- 5 Do you _____ football? Yes, I do. / No, I don't.
- 6 Do you _____ running? Yes, I do. / No, I don't.



2 Write and answer for you with *Yes, I do* or *No, I don't*.



1



Do you play basketball?

2



3



4



5



6



1 Read and complete.



A fast pulse means your heart beats blood around your body very fast. Use two fingers to take your pulse. You can put them on your foot, your wrist or your neck!

2 Read and choose *T* (true) or *F* (false).

- 1 Your heart is beating day and night.  T F
- 2 When a child is running, the heart beats about 80 times a minute.  T F
- 3 When an adult is sitting, the heart beats about 50 times a minute.  T F
- 4 When you do exercise, your heart beats more.  T F
- 5 bpm means *beats per minute*.  T F

3 Look and complete.



95 bpm



86 bpm



104 bpm

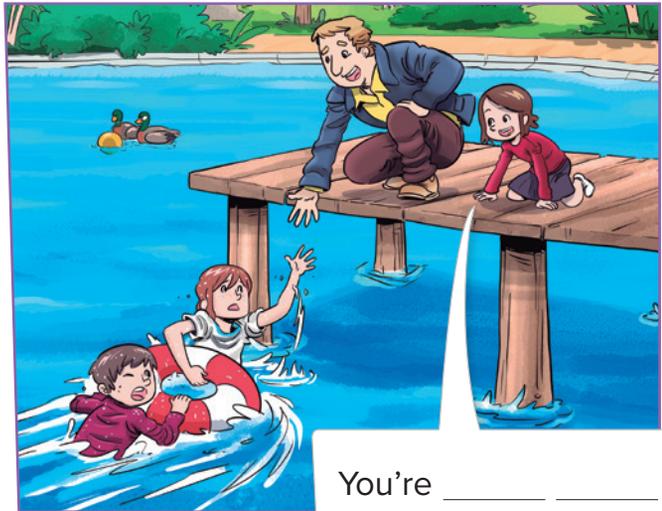
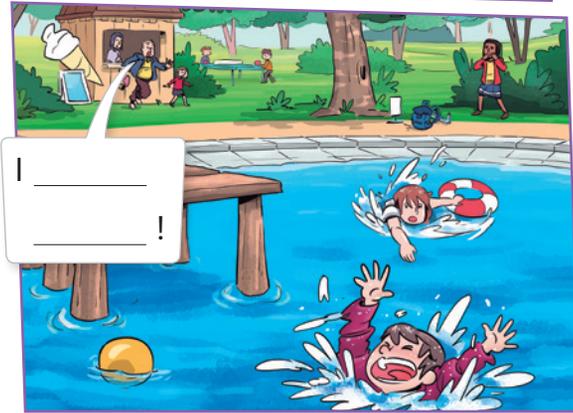


140 bpm



- 1 When I walk to school, my pulse is _____ bpm.
- 2 When I go _____, my pulse is 140 bpm.
- 3 When I draw pictures, my pulse is _____ bpm.
- 4 When I _____ the guitar, my pulse is _____ bpm.

1 Look again and complete.



2 Correct the mistakes.

- 1 Fred is very good at football. _____
- 2 Alice breaks the door. _____
- 3 Alice is good at running. _____
- 4 The girls are at the sports centre after school. _____
- 5 The boy thinks Alice is amazing. _____
- 6 The man gives Alice some orange juice. _____



3 What do you think?

LEARNING TO LEARN

I give this story ☆☆☆☆☆ stars.

I think it's exciting / interesting / all right / inspiring / _____.

My favourite character is _____.

1 Put the words in order. Then match.

- 1 table at He's tennis bad
_____ ●
- 2 at She's skateboarding good
_____ ●
- 3 bad gymnastics at She's
_____ ●
- 4 cakes He's at making good
_____ ●
- 5 She's cycling bad at
_____ ●
- 6 running at good He's
_____ ●



2 Look and write for you.



- 1 I'm good at writing. _____

- 2 _____

- 3 _____

- 4 _____



- 5 _____

- 6 _____

- 7 _____

- 8 _____

WORD WORK: CAPITAL LETTERS

1 Copy and complete for you with capital letters.

1 my name's ...

My name's _____

2 i'm from ...

3 my birthday is in ...

4 i've got english on ...

5 i speak ...

WRITING: A PERSONAL TEXT

2 Make notes for you. Then write about sports.

PLAN BEFORE YOU WRITE!



Sports Plan

PE days? _____

Sports? _____

Favourite? _____

Friends? _____

Family? _____



My Sports



I've got PE on _____

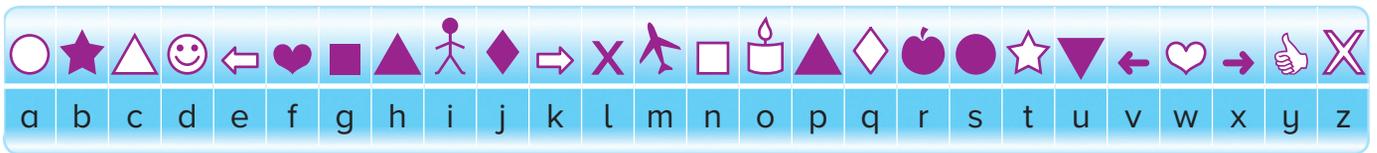
My favourite sport:

Sports with friends:

Sports with family:



1 Look at the code and write.



2 Listen and choose.

What sports do you do, Krishna?

I go **running** / **swimming** with my family and I **play** / **do** cricket with my friends.

What's cricket?

It's a sport with a bat and a ball. Look! Here's a photo.



Are you good at cricket?

No, I'm not / **Yes, I am.** I'm good at **table tennis** / **gymnastics.** That's my favourite sport. Which sports do you like?



Charlie
Canada



Krishna
India

I like **gymnastics** / **volleyball.** I like skateboarding.

I go skateboarding with my **brother** / **sister.** She's good at skateboarding. Oh, and I go **snowboarding** / **rollerblading.**

What's snowboarding?

It's a winter sport. It's popular in **the UK** / **Canada.** Here's a photo.



Wow! I want to go snowboarding one day. Bye, Charlie!

See you, Krishna!